

# DRAFT

## Guide to the North Somerset Health and Wellbeing Board

### What is the purpose of the North Somerset Health and Wellbeing Board?

Our Health and Wellbeing Board (HAWB) provides leadership for protecting and improving wellbeing and health outcomes and works to reduce inequalities in North Somerset.

We have a unique ability to bring together statutory organisations and community leaders to identify how, as a connected system, we can make improvements for local communities against priority needs and aspirations.

Our intentions are captured in the Health and Wellbeing Strategy and action plan (2020-24) but we see implementation of the plan as an evolving process requiring active debate, leadership and monitoring from the Board, not remote delivery of a set series of tasks. We aim to take a long view of the key challenges facing our population and address risks or opportunities to improve outcomes.

### Who are we?

We represent a wide range of interests in North Somerset but are bound by a strong commitment to improve the wellbeing and health of our local population. Our value is in actioning what could not be done through other forums, plans or single organisations.

<u>Chair</u> : Cllr Mike Bell, Executive Member for Adults and Public Health and Regulatory Services, NSC.	<u>Vice- Chair</u> : Colin Bradbury, Director of Strategy, Partnerships and Population, BNSSG ICB	Hayley Verrico, Director of Adults, NSC	Sheila Smith, Director of Children’s Services, NSC
Matt Lenny, Director of Public Health and Regulatory Services, NSC	Paul Lucock, Chief Executive, VANS	Mark Graham, Chief Executive, For All Healthy Living Centre	John Heather, Chair, Weston, Worle and Village Locality Partnership
Sarah Pepper, Chair, Weston, Worle and Village Locality Partnership	Catherine Gibbons, Executive Member for Children, Skills	Ciaran Cronnelly, Chair, Health Overview and Scrutiny Panel	Tim Snaden, Chair, Adults and Housing Scrutiny Panel
Wendy Griggs, Chair, Children and Young People’s Scrutiny Panel	Ian Barrington, Managing Director, Weston Hospital	Julie Sharma, Chief Executive, Sirona Care and Health	<u>Tbc</u> , Avon and Wiltshire Mental Health Partnership
Stephen Quinton, Avon Fire and Rescue	Jeremy Blatchford, Avon Local Councils Assoc.	Georgie Bigg, Chair, Healthwatch	<u>Police North Somerset Area Commander</u>
<u>Emma Diakou</u> , Head of Business Intelligence, Policy and Partnerships, NSC	<u>David Moss</u> , Delivery Director, Woodspring Locality Partnership	<u>Ros Cox</u> , Delivery Director, Weston, Worle and Villages Locality Partnership	<u>Place Directorate representative tbc</u> , NSC

(Note: current roles; proposed additions based on LGA workshops feedback)

## How do we work together?

We have a shared responsibility to make the Board effective and valued by our community. We agree to listen to and work with our communities, highlight issues, identify opportunities for and barriers to change, and challenge each other on how best to make positive changes and hold each other to account for the actions we have agreed to take.

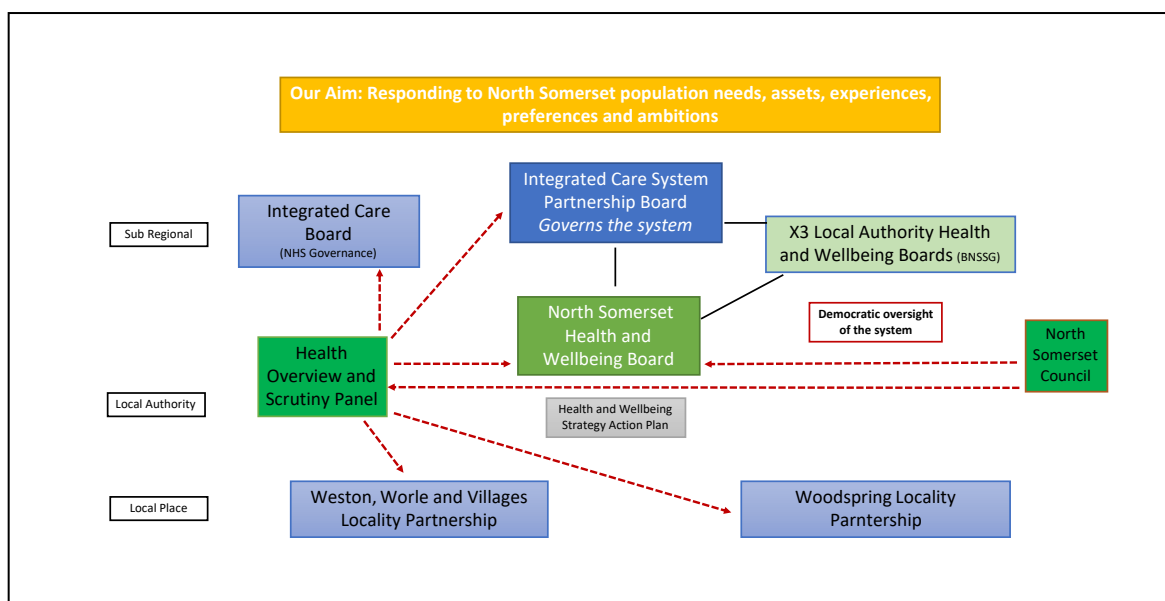
Each Board Member has equal voting rights in our meetings to demonstrate our shared responsibility for decision making and delivery of our action plan. We have two types of meetings that support our work:

- a) formal committee meetings required under local government governance that take place three times a year
- b) informal appreciative enquiry meetings where we explore a local priority issue in depth and allow more space for a range of views and voices to be heard. These informal sessions will generate recommendations and actions across our partnership that will be reviewed and agreed at the following formal meeting and integrated into our health and wellbeing strategy and action plan.

We want to support active dialogue and joint planning between members and so will develop a new shared Microsoft Teams area by January 2023 for regular communication between colleagues and collaboration. We will also set up an operations group drawn from the membership to develop the forward plan of meeting topics and their content.

## Who do we work alongside?

The Board sits within a wider system that impacts across all the factors that help determine or impact on wellbeing and health in North Somerset. Although it is a statutory committee of the local authority its role is bring together and guide action across all the action areas of our strategy – civic, service and community leadership. It works within this system of action.



## What are our priorities?

Our priorities are listed in the Health and Wellbeing Strategy and its accompanying action plan. These were built using a wide range of community and stakeholder feedback (in 2021). We will allocate leadership roles to members of the Board for the themes and outcomes.

### Vision

*For people to be enabled to optimise their health and wellbeing and to lead long, happy, and productive lives in thriving communities, building on their strengths in a way that reduces inequalities in health.*

### Principles (of how we get there)



### Priority themes

- 1) **Prevention:** preventing health problems before they arise
- 2) **Early intervention:** intervening early in relation to existing health and wellbeing problems
- 3) **Thriving communities:** supporting communities to be connected, healthy and resilient

### Outcomes to be improved (the things that impact most on quantity and quality of life)

- Mental health and wellbeing
- Food, nutrition and food insecurity
- Physical activity
- Tobacco use
- Alcohol use
- Drug use
- Wider determinants of health

These priorities are kept under review and we will use intelligence about emerging issues or new impacts to adjust where we focus our activity. The Joint Strategic Needs Assessment is the key place for tracking and highlighting those population needs and aspirations.

## **How do we demonstrate our impact?**

We will use three tests at the end of each Board meeting – formal or informal – to be honest about what impact we have made. At the end of each meeting, we will ask:

- 1) Have we clearly defined a challenge/opportunity where the Health and Wellbeing Board has a relevant and meaningful role?
- 2) What will change as a result of this meeting – e.g., the actions we have agreed, who will take those forward, the resources committed etc.?
- 3) How will we know that positive impacts will follow – e.g., what evaluation of outcomes and experience will we use and how will that be shared?

We will share information in a spirit of trust and speak bravely about the challenges we face or plans that need input from others to be complete. Our collective perspectives strengthen our work.

We have developed a dashboard that tracks each of the actions set out to support delivery of the strategy. That is updated quarterly and published on the [North Somerset Council website](#) to make sure there is open sharing of progress.

We will set up a quarterly online newsletter to report on progress in delivering the strategy and reflect summaries of what has been reviewed and action by the Health and Wellbeing Board at its meetings. The aim is to move beyond formal minutes and share insight and stories that demonstrate what matters to our communities and how changes are being managed. All Board partners will contribute to sharing updates through that route to give a complete view of what is being done in North Somerset to improve wellbeing and health and reduce inequalities.

We will regularly evaluate how well-informed key stakeholders feel about the work of the Board and plan ways to increase knowledge, understanding and support for the aims of our strategy.

### **• How can people get involved?**

Anyone who would like to learn more about the work of the Board, or bring forward ideas on what areas it should focus on can find details in the quarterly online newsletter or email [health.wellbeing@n-somerset.gov.uk](mailto:health.wellbeing@n-somerset.gov.uk) and someone will make contact to talk those ideas through.